

**DEU Guide: Mayo Clinic Health System-Franciscan Healthcare (MCHS-FH)  
7<sup>th</sup> Medical Routine**

**Typical Patient Populations:**

**Cardiac:** Diagnoses of chest pain, pre/post cardiac cath, pacemaker, EP study, CHF, Afib, syncope

**Neuro:** Diagnoses of TIA/ strokes, seizures

**Oncology:** Diagnoses of new cancer diagnosis, chemotherapy treatment, cancer symptom management

**Medical:** Diagnoses of weakness/falls/failure to thrive (FTT), pneumonia, pleural effusions, electrolyte imbalance, N/V/D, GI bleeds

**Drug and ETOH Withdrawal/detox**

	<b>Day Shift</b>	<b>PM Shift</b>	<b>Night Shift</b>
Shift Times	0630-1530 (Days)	1430-2330 (PMs)	2230-0730 (Nights)
Unit Huddle Location/Times	7 <sup>th</sup> floor workroom 0700	7 <sup>th</sup> floor workroom 1500	7 <sup>th</sup> floor workroom 2300
Vital Signs	06-0700 – PCT 10-1100 - Student	14-1500 – PCT 18-1900 - Student	0000 – Student 02-0300 - Student
ADL's <i>Collaborate with PCT and DEU Preceptor to determine plan of care with ADL, vital signs, baths, etc.</i>	Collaborate w/PCT re. baths/ADLs/ Preparing to/from transportation	Student –Perform Nightly care: Bath/Peri Care, oral hygiene, backrub w/ powder or lotion prn	Student to manage – collaborate w/PCT prn
Assessments <i>**Any change in your patient must be reported to immediately to your DEU Preceptor.</i>	Ongoing Adult Assessment by 1000 with Focused Assessment on area of treatment 4-5 hrs later	Ongoing Adult Assessment by 1800 with Focused Assessment on area of treatment 4-5 hrs later	Ongoing Adult Assessment by 0200 with Focused Assessment on area of treatment 4-5 hrs later

Shift Report	<ul style="list-style-type: none"> <li>• Shift report is given at patient bedside in SBAR format.</li> <li>• Please add your name to the patient white board in each room and include: name/SN.</li> <li>• Participate in shift report to the oncoming shift.</li> </ul>
Breaks	<ul style="list-style-type: none"> <li>• All breaks (1/2-hour) need approval of your DEU Preceptor - do not schedule your break during a time in which you have potential meds to administer; such as s/s insulin and/or if your patient will be discharging.</li> <li>• Students are expected to be present and assist with discharge teaching and actual discharge if occurring during scheduled time on unit.</li> </ul> <p><i>*Please note; students cannot independently escort patients to their discharge transportation.</i></p>
Patient Rooms	Maintain room hygiene: It is everyone's responsibility to keep room clean, trash emptied, safe and free from clutter. Remove trays/food/drinking cups Empty linen bags Change bed linen daily if not discharging and prn General survey for neatness and tidiness of bedding-unoccupied beds should be made as an 'open-bed'
Incentive Spirometry	Every hour x 10 breaths, while awake, Cough and Deep breathing
Intentional Rounding Q 1-hour	<u>P</u> ain <u>P</u> otty <u>P</u> ersonal Belongings <u>P</u> osition (reposition)

I&O	Do not enter I&O directly into EHR-track and enter on clipboard inside of patient door only (PCT will enter at the end of the shift)
Patient Water/Ice	No patient containers may be filled in 'Clean Utility' rooms; rather fill <u>new</u> Styrofoam cups each time with ice/water and carry back to patients rooms to refill. Add to I&O sheet.
Tray removal	Assist dietary staff with removing trays if not done, in a timely manner
Room Service	Remind, assist patient with ordering their meals Assist patient to proper eating positioning. Must be up to chair if able.
Tests/Procedure/ Therapy	Be aware of scheduled times. Assist PCT in preparing patient for wheel chair or cart transportation and return.
Patient Activity	Ambulate/Assist to Chair your patient if they are able
Call Lights/Bed Alarms	It is EVERYONE's responsibility to respond – even if it's not your patient. Know how to program a Bed/Chair Check for those patients who require one
RRT/Medical Emergency	Dial 99 to activate a Rapid Response Team or Medical Emergency
Employee Scrubs:	RN – Navy blue PCT/HUC – Caribbean blue PT/OT – Grey Phlebotomists – Maroon Housekeeping - Turquoise
Student Food/Drinks	Joint Commission regulations do not allow any personal/visible drinks/food items in patient areas. All food and drinks can only be in designated employee break areas.

7/6/15