



Student Guide: Health Information related to COVID-19

Welcome to HealthPartners. As you begin your training experience in our rich learning environment we would like to share some important content to keep you, our patients and care teams healthy and to make your training experience successful.

“Student” means a student officially enrolled in a program at College/University and who participates in an Applied Practice Experience at HealthPartners

General Guidelines

When students and faculty are allowed to return they will need to abide by the following safety measures:

1. Wear an approved PPE mask covering mouth and nose at all times when on campus except when alone in a room or eating as long as they remain greater than 6 feet apart.
2. When students arrive to the clinical unit, they should don a clean approved PPE mask if that is current practice of that clinical site. If the original mask becomes soiled during the shift, they will be given a clean mask replacement.
3. Eye protection is required and includes goggles or face shield which prevent splash injuries while providing care. We recommend students have personal protective eyewear to bring to each clinical setting. Here is a link to CDC information on eyewear. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>
4. Limit time on campus to patient care related experiences, hold pre and post conferences virtually or off the medical campus if at all possible.
5. Monitor personal wellness daily. Do not come to campus if you are not feeling well, if you have a temperature of greater than 100.0 degrees or other COVID 19 related symptoms.
6. Practice social distancing at all times, including in elevators, on lunch breaks or while on mass transit.
7. Wash hands frequently, and participate in disinfection of the environment as a member of the healthcare team.
8. Enter through employee entrances if student/faculty has an access capable badge.

Daily Screening

To help reduce the spread of COVID-19 to our colleagues, patients and visitors, we are screening all employees, clinicians and students across our organization.

Upon signing into our network or before starting your clinical rotation shift you'll be asked if you or a member of your household has any of the following symptoms: fever (temperature greater than 100 degrees), cough, new loss of taste or smell, shortness of breath, sore throat, chills, or muscle pain.

If either of these situations apply, you should:

- Leave your clinical rotation site immediately;
- Contact your site preceptor/leader; AND
- Call [Employee Health](#) for additional screening and next steps.

Temperature checking: Minnesota Department of Health has issued new guidance to hospitals regarding all-employee temperature screening upon entering the building. A workgroup is actively evaluating this guidance for our organization but, have no current implementation plans. Capital View is however conducting temperature checks because they are considered a congregate living facility and occupy the 9th floor of Regions Hospital.

Questions

Students can contact their [local employee health department](#) should they have general questions related to their COVID-19 concerns. The advice of those within Employee Health will not result in a charge. A table of local employee health phone numbers is included at the end of this document.

If a household member has new COVID-19 symptoms?

- Contact the [department](#) of your clinical rotation if you have questions related to a household member with [COVID-19 symptoms](#).
- Contact their [local employee health department](#).
- Additionally, all student should contact their school if they are symptomatic and have been tested

Most importantly, stay home when you're sick!

The best way to prevent the spread of COVID-19 is to stay home when you're sick, right from the start.

Students should refrain from any clinical experiences that may expose them to COVID-19. This includes experiences that require use of an N95 respirator or an exposure to an Aerosol Generating Procedure.

COVID-19 Exposure and breach of PPE

If you've experienced a breach of PPE or a known COVID-19 exposure, call the local employee health office for your rotation.

- Examples of breach of PPE: incorrect type of PPE worn, PPE not worn correctly, PPE broke or failed during use. Definition of exposure- prolonged close contact is defined as being within 6 feet and greater than 15 minutes cumulatively during a shift OR having unprotected direct contact with secretions or excretions of a person with confirmed COVID-19 infection. Any duration or distance with exposure to aerosol-generating procedure should be considered prolonged.
- All potential exposures to COVID-19 must be reported **within 24 hours**.

Testing

Students training within the HealthPartners system are encouraged to get tested within the HP system which would allow us to monitor a positive result and manage any potential exposure(s), etc. Should students prefer, they can be screened and tested through their own Primary Care Provider.

- Additionally, all students should contact their school if they are symptomatic and are scheduled to be tested.
- If a student tests positive for COVID-19, they need to contact both their school and local employee health department
- We advise students to avoid going directly to the Emergency Department (or ER) for testing in order to avoid unnecessary charges to the student

Start an online screening for a testing appointment at www.healthpartners.com/test.

Students returning to clinical experiences after illness or exposure

In addition to your school advice on how to proceed with COVID-19 related matters, HealthPartners is advising all students to also contact their local employee health department for situations related to:

1. COVID-19 symptoms
2. Possible exposure at home and while at work
3. Positive COVID-19 test results
4. Return to work after being exposed or being ill from COVID-19

Returning to your clinical rotation or learning experience

Use the following guideline for returning to Clinical Experiences after a number of scenarios including COVID-19 illness, COVID-19 exposure, travel and more.

The first step in returning after COVID-19 illness is to contact your training site and complete the initial Return to Work screening with Employee Health. Employee Health will also give you guidance and information to make sure you have a safe and healthy return. To do this, call your local Employee Health office and follow the prompts for COVID-19 and Return to Work.

Local Employee Health contact information

Employee Health Office	Phone number
Amery Employee Health	715-268-0227
HealthPartners - GHI Employee Health (at the 8170 building)	952-883-7171, opt. 8
Hudson Hospital Employee Health	715-531-6012
Hutchinson Health	320-484-4508
Lakeview Hospital Employee Health	651-430-4773
North Suburban Family Physicians Employee Health	952-883-7171, opt.8
Park Nicollet Employee Occupational Health & Safety	952-993-5080
Regions Hospital Employee Health & Wellness	651-254-3301
RiverWay Clinics Employee Health	952-883-7171, opt.8
Stillwater Medical Group Employee Health	952-883-7171, opt.8
Westfields Hospital and Clinic Employee Health	715-243-2887