



# Essentia Health

## REQUEST FOR EXEMPTION FROM INFLUENZA VACCINE FOR RELIGIOUS REASONS

Essentia Health employees are protected against discrimination on the basis of religion. Essentia Health has mandated that all personnel who are defined as Healthcare Workers be vaccinated against influenza. If you decline to receive the flu vaccine for religious reasons, please provide the following information:

Name: \_\_\_\_\_ **School**  
Department: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone No: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Please check one of the following options:

I received a religious exemption for the 2018-2019 influenza season. My religious beliefs have not changed and I am again requesting an exemption for the 2019-2020 influenza season (please sign the verification/signature section below).

I have not previously been granted a religious exemption from influenza vaccination. I am requesting a religious exemption for the 2019-2020 influenza season. (Please complete page 2 of this document and sign the verification/signature section below)

Your occupational health record may be reviewed to assess your request for a religious exemption. By submitting this form, you consent to a review of your occupational health record.

### Verification and Accuracy

**Because the required influenza vaccination conflicts with my sincerely held religious beliefs, practices, or membership in a church or other religious body, I decline the influenza vaccine at this time. I verify that the above information is complete and accurate to the best of my knowledge.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

### **PLEASE MAIL OR EMAIL COMPLETED FORM TO:**

Essentia Health Exemption Review Committee  
407 East Third St., DTV – Human Resources  
Duluth, MN 55805  
Email: FluVaccination@essentiahealth.org

**\*\*For Essentia Health use only\*\***

\_\_\_\_\_ Approved (Initial) \_\_\_\_\_ Denied (Initial) \_\_\_\_\_ Date: \_\_\_\_\_



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## **REQUEST FOR EXEMPTION FROM INFLUENZA VACCINE FOR RELIGIOUS REASONS**

Please explain in your own words why your sincerely held religious beliefs prevent you from complying with Essentia Health's required influenza vaccination policy. Type your written answers to the following questions. All questions must be provided to allow Essentia Health to consider your accommodation request.

- Identify your specific religious belief(s) that prevents you from receiving the influenza vaccination;
- Describe how your religious belief(s) conflict with your receipt of an influenza vaccination;
- Describe other ways that you adhere to such religious belief(s) in your daily life;
- Indicate whether you have previously received a vaccination as a condition of your employment with Essentia Health or any other employer.